### Building a Rainbow Bridge Supporting LGBTQ+ Students in the Clinic & Classroom

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- The views expressed here are those of the authors and do not represent official position of the Department of VA or US Government.

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### First... some acronyms

- SGM: Sexual and Gender Minority
- LGB: Lesbian, Gay, Bisexual
- GNC: (Trans and) Gender Non-Conforming

# Why are diverse AuD programs important?

- Diverse programs are more attractive to diverse students!
- In a survey of 30 GNC graduate students across academic disciplines:
  - 30% chose field because it is LGBTQ-friendly
  - 40% chose a program where they felt safe or because of the program climate

(Goldberg et al., 2022)

# Why are diverse AuD programs important?

- Diverse providers are more prepared to care for diverse patients!
- Self-reported comfort treating SGM patients is very high despite reported lack of education and self-reported lack of competence.

(Zelin et al., 2018)

# What do AuD programs look like today?

- Previous attempts by ASHA and AAA have captured:
  - Gender
  - Race/ethnicity
  - International students
  - Hearing status
- No published efforts to date have surveyed AuD students in a way that includes sexual orientation and comprehensive gender identity

## **Students Perception of Graduate Education Survey**

- Ongoing survey collects information on:
  - Stress
  - Self-efficacy
  - Campus climate
  - Academic progress
  - Perceived support

- Robust demographic information, including:
  - Comprehensive gender
  - Sexual orientation
  - Race/ethnicity
  - Program type

# SGM Viewpoints on Audiology Education

#### Students largely felt supported by both their educational program and profession

Profession of Audiology	20	43.3		23.3	10
Training program		53.3	26	.7	13.3 <mark>3.3</mark>

Strongly Agree Agree Netural Disagree Strongly Disagree

## SGM Viewpoints towards Career Outlook

Prompt: I worry that my sexual orientation or gender presentation will impact my...



Over one third of SGM students have concerns about future career opportunities and job security related to their sexual orientation/gender presentation

Strongly Agree Agree Neutral Disagree Strongly Disagree

## **SGM Perceptions of Peer Relations**

Prompt: My fellow students...





## **SGM Perceptions of Faculty Relations**



Prompt: The faculty in my department...



## SGM Perceptions of Department/Program

Prompt: I wish that my program/department had...



#### SGM students generally wish for high levels of student and faculty diversity

Strongly Agree Somewhat Agree Neither Agree nor Disagree Somewhat Disagree Strongly Disagree



# How does this compare with other student perceptions?

I wish that my program had greater...

SGM students are more inclined to wish for greater student/faculty diversity

## How does this compare with other student perceptions?



Both groups have similar perceptions of support and overall friendliness from fellow students and faculty

 Non-SGM students tend to perceive faculty as less helpful and approachable compared to SGM students



## How do these results compare to other published studies?





Stress, worry, & uncertainty Concern about future employment



Supportive academic environment





Burnout



Faculty respect for diversity Campus climate

## **The B-word**

- SGM students have higher rates of burnout than their peers.
- LGB students reporting homophobic mistreatment had 8x greater likelihood of burnout that heterosexual peers.
- Burnout likelihood increased in a dose-dependent way with mistreatment intensity.



### What happens to these students?



(Dyrbye et al., 2021; Greenhill & Carmichael, 2014; Kramper et al., 2022; Hill et al., 2020; Nama et al., 2017; Samuels et al., 2021; Teshome et al., 2022)

## Are students comfortable coming out?



(Dimant et al., 2019; Nama et al., 2017; Toman, 2019)

## Why don't students come out?

- 40% of SGM students were advised to avoid disclosing their identity
- 67% were concerned that disclosing would affect their future career



## How does this impact GNC students?

- 69% felt unsafe disclosing their identity during residency interviews
- 42% were misnamed or misgendered some or all of the time
- 27% felt they were less likely to match into their top choice due to identity



### So what can we do to support these students?



(Kirjava et al., 2023)



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