Implementing the New ASAM Criteria – Research, Regulations, and Resolutions

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Disclosure Information

- R. Corey Waller, MD, MS, FACEP, DFASAM
  - No Disclosures
- Tami L. Mark, PhD, MBA
  - No Disclosures
- Tyler Sadwith
  - No Disclosures
Learning Objectives

- Describe the major changes that will appear in The ASAM Criteria Fourth Edition
- Describe at least three research priorities to evaluate effectiveness of implementation for The ASAM Criteria Fourth Edition
- Explain how lessons learned from the Third Edition implementation at the state level can help to inform states' implementation of the Fourth Edition
Session Overview

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Major Changes to the Fourth Edition

- Integrated withdrawal management services with standard levels of care
- Stratified the outpatient levels of care to integrate OTPs
- Removed levels 3.2 WM and 3.3
- Integrating the Risk Ratings and Dimensional Admission Criteria
- Reordered and Modified the Dimensions (still 6)
- Integrating co-occurring capability across the care continuum
Major Changes to the Fourth Edition

- Incorporating treatment of individuals with cognitive impairments across the continuum
- Separated into future volumes: Adolescents, Jails and Prisons, and Behavioral Addictions
Updating the Assessment & Treatment Planning Standards

Differentiating the intake assessment from the treatment planning assessment
- **ASAM Criteria Level of Care Assessment** is used to determine the recommended level of care
- **ASAM Criteria Treatment Planning Assessment** is the foundation for a comprehensive treatment plan

Defining subdimensions

Defining Treatment Planning Standards

Updating the dimensions
- Simplify and update the names of the dimensions
- Reorder the dimensions such that the current Dimension 4 (Readiness to Change) will be:
  - Integrated into all dimensions with a focus on the new Dimension 6
  - Expanded to include social determinants of health
  - Renamed *Person-Centered Considerations*
Reordering the dimensions

Third Edition
- Acute Intoxication and Withdrawal Potential
- Biomedical Conditions and Complications
- Emotional, Behavioral, or Cognitive Conditions and Complications
- Readiness to Change
- Relapse, Continued Use, or Problem Potential
- Recovery/Living Environment

Fourth Edition
1. Intoxication, Withdrawal, and Addiction Medications
2. Biomedical Conditions
3. Psychiatric and Cognitive Conditions
4. Substance Use Related Risks
5. Recovery Environment Interactions
6. Person-Centered Considerations
Components of Addiction Treatment

Medical Care
Medications, WM, ID and pain management

Psychoeducation
Didactics, structured, group focused

Support Services/Milieu
SDOH, Positive peer interactions, reintegration skills

Psychotherapy
CBT, DBT, EMDR, etc.
### Updating the Continuum of Care

#### The ASAM Care Continuum for Addiction Treatment – Adult

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
<th>Code</th>
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<tbody>
<tr>
<td>Inpatient</td>
<td>Medically Managed Inpatient</td>
<td>4</td>
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<tr>
<td>Residential</td>
<td>Clinically Managed Low-Intensity Residential</td>
<td>3.1</td>
</tr>
<tr>
<td></td>
<td>Clinically Managed High-Intensity Residential</td>
<td>3.5</td>
</tr>
<tr>
<td></td>
<td>Medically Managed Residential</td>
<td>3.7</td>
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<tr>
<td>Intensive Outpatient/HIOP</td>
<td>Intensive Outpatient</td>
<td>2.1</td>
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<tr>
<td></td>
<td>High Intensity Outpatient</td>
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<tr>
<td></td>
<td>Medically Managed Intensive Outpatient</td>
<td>2.7</td>
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<tr>
<td>Outpatient</td>
<td>Long term remission monitoring</td>
<td>1.0</td>
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<tr>
<td></td>
<td>Outpatient Therapy</td>
<td>1.5</td>
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<tr>
<td></td>
<td>Medically Managed Outpatient</td>
<td>1.7</td>
</tr>
</tbody>
</table>
What is a .7? (1.7, 2.7, 3.7)
Primary Dimensional Drivers (1 and 2)

- Medical: 70%
- Psychotherapy: 20%
- Psychoeducation: 5%
- Treatment milieu: 5%
What is a .5? (1.5, 2.5, 3.5)

Primary Dimensional Drivers (3 and 4)

- Medical: 10%
- Psychotherapy: 50%
- Psychoeducation: 20%
- Treatment milieu: 20%

1.5, 2.5, 3.5
What is a .1? (2.1, 3.1)

Primary Dimensional Drivers (4 with lack of 3)

- Medical: 5%
- Psychotherapy: 10%
- Psychoeducation: 35%
- Treatment milieu: 50%
The others

Level 1.0

- Medical: 25%
- Psychotherapy: 25%
- Psychoeducation: 25%
- Treatment milieu: 25%

Recovery Residency

- Medical: 5%
- Psychotherapy: 10%
- Psychoeducation: 85%
- Treatment milieu: 85%
Stay Engaged

- Visit ASAM.org/ASAM-Criteria/4th-Edition-Development or scan the QR code below: